



## Spine Surgery: Patient Education Class

**Purpose:** To teach you and your family about what happens when you come to the hospital for surgery, meet some of the staff and departments who provide your care and have your questions answered. We know the better prepared you and your family are for surgery, the easier and faster you will recover.

**Topics:** Arriving at the hospital, preparing for surgery, surgical procedure, your hospital stay, pain management, physical therapy, chaplain services, integrative health, rehabilitation and recovery.

**Place:** Beebe Healthcare  
3<sup>rd</sup> floor Conference Room on the 3rd floor of the hospital  
Enter the hospital's parking garage at the West Entrance (next to Rite Aid)  
Valet parking available prior to entering garage.  
Enter on the 1<sup>st</sup> floor, present PHOTO ID  
Information desk inside hospital lobby.  
Go straight through inside door to the wall.  
Turn right & then take 1<sup>st</sup> left to long hallway leading to elevators.  
Take an elevator to the 3<sup>rd</sup> floor.  
As you exit the elevator, turn RIGHT  
Go straight down the long hallway towards the window  
Near the end of the hallway, go through the double doors on your LEFT  
You are now entering the Orthopaedic Unit  
The Conference Room is up the ramp on your RIGHT

**Dates & Time:** Please call the Orthopaedic Service Line Nurses  
Melissa Heldreth, RN or Betty Hughes, RN  
(302)-645-3104  
1-2 weeks before your surgery to schedule your class

