



Upper Extremity Orthopaedic Care

Expertise in Shoulder, Elbow, Hand, and Wrist Surgery

If you are among the millions of Americans experiencing hand and upper extremity problems each year, finding expert care is important. Whether your condition is due to arthritis, carpal tunnel syndrome, a sports injury, an accident, a work-related injury, or a congenital disorder, you can feel confident choosing Beebe Healthcare's affiliated orthopaedic surgeons.

The orthopaedic surgeons at Beebe are trained to diagnose and treat all types of hand, wrist, elbow, and shoulder problems. Surgeries performed include:

SHOULDER AND ELBOW

- Fracture surgery
- Total shoulder replacement
- Reverse shoulder replacement
- Arthroscopic rotator cuff repair
- Arthroscopic treatment of shoulder dislocations
- Tennis elbow and golfer's elbow
- Total elbow replacement

HAND AND WRIST

- Fracture surgery
- Carpal tunnel release
- Trigger finger
- Fusions
- Wrist replacement

SPECIALTY PROCEDURES AT BEEBE HEALTHCARE

In addition to these procedures, Beebe orthopaedists are able to treat a variety of ongoing conditions, including Dupuytren's contracture. The contracture is named after Baron Gillaume Dupuytren, the first surgeon to operate on this hand deformity in the early 1800s. Dupuytren's contracture symptoms include having the palm of your hand become gradually tighter and thicker. Eventually, your fingers, especially your pinky and ring fingers, may curl inward. This can make it hard to use your hand, put on gloves, or even put your hand in your pocket.



Beebe Upper Extremity Orthopaedic Surgeons

HARRIOTT, MD, PAUL J.

Board Certified in Orthopaedic Surgery; Fellowship Trained in Sports Medicine



Paul J. Harriott, MD, is Board Certified in Orthopaedic Surgery by the American Board of Orthopaedic Surgeons. He received his medical degree from Harvard Medical School. He completed an Orthopaedic residency at Vanderbilt University Medical Center in Nashville and then went on to receive Fellowship training in Sports Medicine at Pennsylvania Hospital in Philadelphia. He joined the Orthopaedic Team at Beebe in 2001. He is with Premier Orthopaedics Bone & Joint Care. He specializes in sports medicine, shoulder and knee arthroscopy, and total joint replacement.

Premier Orthopaedics Bone & Joint Care

Milford: Phone: 302-424-4141 • Fax: 302-422-6506

Lewes: Phone: 302-424-4141 • Fax: 302-422-6506

Ocean View: Phone: 302-424-4141 • Fax: 302-422-6506

Georgetown: Phone: 302-424-4141 • Fax: 302-422-6506

KANE, MD, PATRICK

Fellowship Trained in Orthopaedic Surgery—Sports Medicine



Patrick Kane, MD, received his medical degree from Thomas Jefferson University. He is Board Eligible in Orthopaedic Surgery. He completed a Fellowship in Orthopaedic Sports Medicine Surgery at Steadman Clinic and Steadman Philippon Research Institute in Vail, Colo. Dr. Kane sees patients at Orthopaedic Associates of Southern Delaware, P.A.

Orthopaedic Associates of Southern Delaware, P.A.

Lewes: Phone: 302-644-3311 • Fax: 302-644-3300

PILLAI, MD, GITA

Board Certified in Orthopaedic Surgery; Fellowship Trained in Shoulder and Elbow Reconstruction



Gita Pillai, MD, is Board Certified in Orthopaedic Surgery by the American Board of Orthopaedic Surgeons. She received her medical degree from the University of Maryland Medical School and was Fellowship Trained in Shoulder and Elbow Reconstruction at Beth Israel Hospital in New York. She completed her Orthopaedic Surgery residency at Mount Sinai Hospital in New York. She joined the Orthopaedic Team at Beebe in 2011 and is with Orthopaedic Associates of Southern Delaware. She specializes in shoulder and elbow surgery.

Orthopaedic Associates of Southern Delaware, P.A.

Lewes: Phone 302-644-3311 • Fax: 302-644-3300

Millsboro: Phone: 302-231-1152 • Fax: 302-945-3077

Additional surgeons listed on the back.

SURGICAL CARE AND INFECTION PREVENTION

Beebe Healthcare utilizes a specific evidence-based procedure for pre- and post-surgery to reduce the chance of infections and improve recovery time.

Health problems such as allergies, diabetes, and obesity could affect surgery and treatment. Tell your doctor about all medical problems you may have.

Quit smoking. According to CDC, patients who smoke are at greater risk for infections.

Write down any questions or concerns you have and take the list with you to your doctor's appointment.

Plan to have a family member or friend come with you to the hospital.

Check with your doctor if there are prescribed, over-the-counter, or herbal medications you should not take before surgery.

Bring medications (in the original prescription container) you are currently taking with you to the hospital.

RECOGNIZED FOR EXCELLENCE

Beebe Healthcare received 5-star ratings from Healthgrades® for Total Knee Replacement for

18 Years in a Row (2004–2021), and was named among the Top 10% in the Nation for Joint Replacement for 4 Years in a Row (2018–2021)



The Joint Commission has awarded Beebe Healthcare with a Certification for Hip and Knee Replacement Surgery programs and a Certification for Beebe's Spine Surgery program. These disease-specific certifications mean that both surgery programs

have met the highest national standards and guidelines that can significantly improve outcomes for orthopaedic surgery patients.

For more information, call the Beebe Orthopaedic Services Nurse Navigator TOLL-FREE at 844-316-3332 or email ortho@beebehealthcare.org.

Beebe Upper Extremity Orthopaedic Surgeons continued

SCHULZE, MD, SCOTT

Board Certified in General Surgery, Hand Microsurgery; Fellowship Trained in Plastic and Reconstructive Burn Surgery



Scott Schulze, MD, is Board Certified in General Surgery and Hand Microsurgery. A graduate of Seton Hall University in New Jersey, he completed his residency at St. Francis Medical Center. He received Fellowship training in Reconstructive Surgery for Burn, Hand, and Micro-vascular Surgery at Southern Illinois University. He joined Beebe in 2008 and specializes in surgery for carpal tunnel, trigger finger, Dupuytren's contracture, tendon and ligament reconstruction, treatment of arthritis (including joint replacements), hand, wrist, and finger fractures, and arm microsurgery.

*Orthopaedic Associates of Southern Delaware, P.A.
Lewes: Phone 302-644-3311 • Fax: 302-644-3300*

SOPA, DO, DAVID

Board Certified in Orthopaedic Surgery



David Sopa, DO, is Board Certified in Orthopaedic Surgery. He received his medical degree from the Kansas City College of Osteopathic Medicine. He completed his residency in Orthopaedic Surgery at Wilford Hall Medical Center and the University of Texas, both in San Antonio. He practices at Lewes Orthopaedics Center. He specializes in hand, ankle, and arm surgery, as well as knee and hip procedures.

*Lewes Orthopaedics Center
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