Beebe Healthcare offers a comprehensive Spine Care program that provides evaluation and treatment for a broad spectrum of conditions and disorders of the back and neck. The Spine Care Team is experienced in physical rehabilitation and patient education, diagnostic procedures, interventional pain management, minimally invasive treatments, surgery, and post-surgical care. Board certified and fellowship trained spine surgeons use the latest technologies in Beebe’s state-of-the-art operating rooms to perform minimally invasive procedures, traditional operations, and complex surgical procedures. Individualized treatment plans focused on best practices and excellence in care are developed to help patients return to their normal, active lives.

NON-INVASIVE AND MINIMALLY INVASIVE TREATMENTS

- Physical Therapy and Occupational Therapy through Beebe Physical Rehabilitation Services
  - Beebe Rehabilitation Services provides physical therapy and occupational therapy at its outpatient centers in Rehoboth Beach, Georgetown, and Millville
  - Physical Therapy often is begun soon after surgery in the hospital as part of a post-surgical treatment plan
- Injections provided by Beebe orthopaedic surgeons at their offices or by an anesthesiologist at the Beebe Outpatient Surgery Center in Rehoboth Beach
  - Epidural steroid
  - Facet
  - Trigger point

SURGERY PERFORMED IN BEEBE’S STATE-OF-THE-ART OPERATING ROOMS

Surgery is necessary in 10 to 15 percent of cases of back and neck pain. Surgical procedures performed at Beebe include the following:

- Minimally invasive spine surgery
- Spinal cord stimulators
- Microdiscectomy
- Laminection
- Lumbar decompression
- Spinal fusion
- Spinal decompression
- Anterior cervical disc replacements
- Complex reconstructive spine surgery

For more information, call the Beebe Orthopaedic Services Nurse Navigator TOLL-FREE at 844-316-3332 or email ortho@beebehealthcare.org.