



Spine Care

Beebe Healthcare offers a comprehensive Spine Care program that provides evaluation and treatment for a broad spectrum of conditions and disorders of the back and neck. The Spine Care Team is experienced in physical rehabilitation and patient education, diagnostic procedures, interventional pain management, minimally invasive treatments, surgery, and post-surgical care. Board certified and fellowship trained spine surgeons use the latest technologies in Beebe's state-of-the-art operating rooms to perform minimally invasive procedures, traditional operations, and complex surgical procedures. Individualized treatment plans focused on best practices and excellence in care are developed to help patients return to their normal, active lives.

NON-INVASIVE AND MINIMALLY INVASIVE TREATMENTS

- Physical Therapy and Occupational Therapy through Beebe Physical Rehabilitation Services
 - > Beebe Rehabilitation Services provides physical therapy and occupational therapy at its outpatient centers in Rehoboth Beach, Georgetown, and Millville
 - > Physical Therapy often is begun soon after surgery in the hospital as part of a post-surgical treatment plan
- Injections provided by Beebe orthopaedic surgeons at their offices or by an anesthesiologist at the Beebe Outpatient Surgery Center in Rehoboth Beach
 - > Epidural steroid
 - > Facet
 - > Trigger point

SURGERY PERFORMED IN BEEBE'S STATE-OF-THE-ART OPERATING ROOMS

Surgery is necessary in 10 to 15 percent of cases of back and neck pain. Surgical procedures performed at Beebe include the following:

- Minimally invasive spine surgery
- Spinal cord stimulators
- Microdiscectomy
- Laminectomy
- Lumbar decompression
- Spinal fusion
- Spinal decompression
- Anterior cervical disc replacements
- Complex reconstructive spine surgery

For more information, call the Beebe Orthopaedic Services Nurse Navigator TOLL-FREE at 844-316-3332 or email ortho@beebehealthcare.org.

Beebe Spine Surgeon

JAMES MILLS, MD

Board Certified in Neurological Surgery



James Mills, MD, is board certified in neurological surgery. He received his medical degree from American University of the Caribbean School of Medicine. He completed a general surgery residency and a neurological surgery residency at

West Virginia University School of Medicine.

Delaware Brain and Spine

Rehoboth Beach: Phone: 302-922-3806 • Fax: 302-957-0835

PAFF, MD, L. WILLIAM

Board Certified in Orthopaedic Surgery; Fellowship Trained in Spinal Reconstructive Surgery



L. William Paff, MD, is Board Certified in Orthopaedic Surgery and Fellowship Trained in Spinal Reconstructive Surgery. He received his medical degree from Jefferson Medical College in Philadelphia and did his Fellowship training at the University of Pennsylvania. He joined the

Orthopaedic Team at Beebe in 2010 and opened Lewes Spine Center in 2017. He specializes in spinal reconstructive surgery of the cervical, thoracic, and lumbar.

Lewes Spine Center

Rehoboth Beach: Phone: 302-231-4333 • Fax: 302-231-4414

SABBAGH, MD, RONALD

Board Certified in Orthopaedic Surgery; Fellowship Trained in Spinal Reconstructive Surgery



Ronald Sabbagh, MD, is Board Certified in Orthopaedic Surgery. He received his medical degree from Georgetown University and completed his residency in Orthopaedic Surgery at Union Memorial and Johns Hopkins Hospitals in Baltimore. He is Fellowship Trained

in Spinal Reconstructive Surgery. He joined the Orthopaedic Team at Beebe in 2002 and has served as the Chief of Surgery since 2010. He specializes in neck and back surgery, nerve decompression, and cervical and lumbar fusion at Orthopaedic Associates of Southern Delaware.

Orthopaedic Associates of Southern Delaware, P.A.

Lewes: Phone: 302-644-3311 • Fax: 302-644-3300

Millsboro: Phone: 302-231-1152 • Fax: 302-945-3077