



ANNUAL WELLNESS VISIT PREP SHEET



Getting ready for your Medicare Annual Wellness Visit? We've prepared this handy prep sheet to help you pull together all of the important information you'll need to get the most out of your visit. Fill out this sheet and bring it with you to your appointment, along with your completed health risk assessment and any other documents requested by your doctor (medical records, blood pressure/sugar logs, dietary journals, etc.).

1

List all medications you are currently taking. Be sure to include all medications, including supplements and over-the-counter drugs, and dosages if available. (If you need more room, use the back of the page)

2

List the doctors you have visited in the past 12 months (and date of last visit if available)

3

List all of the immunizations and screenings you have received in the past 12 months

4

Briefly **describe your family health history**

5

What are **the top 3 health concerns you would like to discuss** with your doctor at your annual wellness visit?

Are you a Medicare Part B enrollee, but haven't taken advantage of your Annual Wellness Visit benefit? Contact your primary care doctor to schedule your appointment today. If you don't currently have a doctor, visit beebehealthcare.org/find-a-doc to find one in your area.