

## Welcome Back

# Dr. Pramond Vadlamani Returns to Beebe



After 10 years, Pramond Vadlamani, MD, has returned to the area to once again treat patients at Beebe Healthcare's Tunnell Cancer Center.

Dr. Vadlamani received his medical degree from Siddhartha Medical College in India. His residency was at Deaconess Hospital in St. Louis, and his fellowship in Hematology and Oncology was at the University of Missouri. He originally joined Beebe in 1998.

### GET TO KNOW DR. VADLAMANI

**Q: You spent 10 years as a medical oncologist and hematologist with Beebe Healthcare's Oncology Services. What brings you back to the community?**

**A:** *We enjoyed our time here on Delmarva and the opportunity came along to come back and be associated with Beebe's Oncology Services. It's a very safe place to raise a family, and you can avoid the hustle and bustle of a big city, but at the same time you have all the amenities that you are looking for.*

*There's been a tremendous growth in population, and I can see there's a tremendous need for medical services here. The culture of the Tunnell Cancer Center was one of the biggest draws of coming back, too.*

**Q: What is your philosophy of care?**

**A:** *Cancer is a very difficult diagnosis for anybody. Tunnell Cancer Center is very*

*adept at what we do. You are looking at the whole team—social workers and oncology mental health therapists are involved, the navigators and nurses are very compassionate, and the front desk registrars and volunteers all fill in the gaps that provide the best patient care. Working with a multidisciplinary team and treating the whole patient is the draw of being at Tunnell Cancer Center.*

*My philosophy is that patients come first, and we are able to help them out in any way that we can, from the first diagnosis to the journey of survivorship—showing compassion at each visit along the way.*

Contact Dr. Vadlamani by calling Tunnell Cancer Center at Beebe's Rehoboth Health Campus at 302-645-3770.

## Welcome to Beebe

### PHYSICIANS

- ▶ **Jennifer Cooper, MD**  
Delmarva Dermatology
- ▶ **Jude Ediae, MD**  
Delaware Cardiovascular Associates

### ALLIED HEALTH

- ▶ **Patricia Rowley, FNP**  
Beebe Medical Group

To contact the Beebe Medical Staff office, call 302-645-3499.



## Letter from Dr. Hawtof ERAS System of Surgery

ERAS (Enhanced Recovery After Surgery) is a multimodal perioperative care pathway designed to achieve early recovery for patients undergoing major surgery. ERAS represents a paradigm shift in perioperative care in two ways. First, it reexamines traditional practices, replacing them with evidence-based best practices when necessary. Second, it is comprehensive in its scope, covering all areas of the patient's journey through the surgical process.

The key factors that keep patients in the hospital after surgery include the need for parenteral analgesia, the need for intravenous fluids secondary to gut dysfunction, and bed rest caused by lack of mobility.

The central elements of the ERAS pathway address these key factors, helping to clarify how they interact to affect patient recovery. In addition, the ERAS pathway provides guidance to all involved in perioperative care, helping them to work as a well-coordinated team to provide the best care.

Beebe's Department of Surgery first implemented ERAS in our elective colorectal surgeries, and we accomplished the following:

- A 40% reduction in the Average and Median Length of Stay
- A 48% reduction in readmissions
- No deaths in elective colorectal surgery patients
- No surgical skin infections in elective colorectal surgery patients
- A 57% reduction in the number of IV opioid doses patients needed
- A 53% reduction in the average number of days on IV opioids
- A 34% reduction in the average number of oral opioid doses given
- A 35% reduction in the average number of oral opioid days

Beebe is expanding the ERAS program to other surgical procedures, including gynecological surgery, which started in May.

Jeffrey Hawtof, MD, Vice President of Medical Operations

## Announcement Surgery & Patient Care Improvements

### NSQIP GIVES BEEBE HIGHEST RATING

Beebe recently received the highest available rating from the American College of Surgeons through the **National Surgical Quality Improvement Program (NSQIP)** for surgical outcomes for patients over the age of 65. This rating is awarded to hospitals that provide exemplary care before, during, and after surgery, thereby reducing the number of serious complications or deaths their patients experience.

Beebe has implemented a number of programs that help us better care for all of our patients, and especially those who are elderly.

### PATIENT CARE— NICHE & AGE-FRIENDLY

Beebe received its **NICHE (Nurses Improving Care of Health System Elders)** designation in 2011 and is working toward a full designation as an Age-Friendly Health System, which means that older adults' care is consistent with what matters to the patient and their family. NICHE is an international nurse-to-nurse education program that trains nurses to be aware of and identify differences

in caring for older patients and to serve as a resource for other nurses on their teams. It is guided by a set of evidenced-based practices known as the 4Ms (what matters, medication, mentation, and mobility).

### ERAS PROGRAM STREAMLINES CARE

The **Enhanced Recovery After Surgery (ERAS)** program, implemented in 2017, aims to improve care surgical patients receive. (See Dr. Hawtof's Letter to learn more about ERAS.)

A multidisciplinary team began by reviewing evidence-based practices and conducting an analysis to identify gaps. The team then developed and implemented an education program. They also made changes such as encouraging patients to walk soon after surgery, decreasing the usage of narcotic medications while still effectively managing postoperative pain, and allowing patients to have clear liquids until two hours prior to their arrival at the hospital.

The ERAS Team also developed preoperative booklets to help patients and their families understand what to expect before, during, and after surgery.

### FIND A PHYSICIAN

#### The Best Way to Find a Care Provider for Your Patients

The online Find-a-Doc directory should be your first stop when searching for physician information for your patients. Visit [www.beebehealthcare.org/find-a-doc](http://www.beebehealthcare.org/find-a-doc) for the most up-to-date medical staff information year-round.

Now with "Printer-Friendly" options!



## Employee Spotlight Meet Kate Mangion

Kate Mangion, ANP, WHCNP, works with Beebe Wound Healing & Hyperbaric Medicine, located in the Medical Arts Building at Beebe's Rehoboth Health Campus. Kate has worked with the Wound Healing Team since 2014. She provides wound assessments, sharp debridement, wound biopsies, wound cultures, treatments, and troubleshooting for ostomy complications.

### GET TO KNOW KATE

#### Q: What is your average day like?

**A:** An average day is filled with seeing scheduled patients. Some are "new" patients that I get to introduce to wound healing and many are "follow up" patients who've experienced chronic, non-healing wounds, non-healing surgical wounds, pressure injuries, diabetic ulcers, venous ulcers, or are experiencing complications with an ostomy. I often have to debride wounds and decide what dressing would be the best fit for wound healing. My day is also full of educating patients on why their wound hasn't healed, the best way to provide wound care, edema management, and ostomy management. Our goal is to work with the patient as a team to get the wound healed as soon as possible to prevent infection.

#### Q: What is your philosophy of care?

**A:** I believe in the partnership between caregiver, provider, and patient. I use listening, evaluating, educating, negotiating, and collaborating to provide a holistic approach to care with treatment that is rooted in evidence-based practice. I treat each and every patient with respect and treat each patient as if they were a member of my family.

Refer your patients to Beebe Wound Healing by faxing a signed physician order, including specific wound or ostomy details and recent medical history, to 302-645-3428, and direct patients to call us at 302-645-3121 to set up an appointment with the program.

Kate Mangion, ANP, WHCNP



## Announcement

# Dr. Stancofski and Dr. Tatineni Join Beebe Center for Robotic Surgery



*Dr. Erik Stancofski (right)  
Dr. Ramakrishna Tatineni (left)*

Since its launch last year, Beebe's Center for Robotic Surgery has continued to grow in both surgeons and procedures offered. The team now includes seven surgeons, the newest being general surgeons Erik Stancofski, MD and Ramakrishna Tatineni, MD of Beebe General Surgery. They join:

- Kurt Wehberg, MD: Beebe Cardiothoracic Surgery
- Katrin Arnolds, MD: Beebe Women's Healthcare-Plantations

- Cathleen Doane-Wilson, MD: Beebe Women's Healthcare-Plantations
- Michael Sofronski, MD: Beebe General Surgery and Beebe Bariatric Surgery
- Mudiwa Munyikwa, MD: Beebe General Surgery and Beebe Cardiothoracic Surgery

Dr. Stancofski and Dr. Tatineni offer robotically assisted hernia repair and gallbladder surgery. They hope to offer more complex procedures in the future such as colon resection.

Refer your patients to Beebe General Surgery by calling 302-645-7050. For more information on robotically assisted surgery at Beebe, talk to your Beebe Physician Liaisons Jeff Peirce and Lauren Walsh.

Beebe Now is published by Beebe Healthcare to present health information to the medical professionals of Delmarva.

Jeffrey E. Hawtof, MD, FAAP,  
Vice President, Medical Operations &  
Informatics, [jhawtof@beebehealthcare.org](mailto:jhawtof@beebehealthcare.org)

Alexandra Keegan, Contributor,  
[akeegan@beebehealthcare.org](mailto:akeegan@beebehealthcare.org)

Ryan Marshall, Contributor,  
[rymarshall@beebehealthcare.org](mailto:rymarshall@beebehealthcare.org)

Rachel Swick Mavity, MS,  
Editor, Contributor, [rmavity@beebehealthcare.org](mailto:rmavity@beebehealthcare.org)