

CAREs A program of Beebe Healthcare Population Health

CAREs is a transitional care program in which specialized medical professionals assist people with chronic illnesses in learning how to manage their medical conditions so that they can stay at home and be as healthy as they can be.

People enter this program through referrals from physicians and other healthcare providers. For more information, contact Population Health at (302) 645-3337.

Beebe Healthcare CAREs

Knowing someone cares makes a difference.



CAREs STANDS FOR:

- Care coordination
- Access
- Referral to community-based resources
- Empowerment of patients

Jean Eaton says she is learning how to enjoy life once again, thanks to her participation in the Beebe CAREs program.



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Do you or a loved one have heart problems, breathing problems, or other health problems that stop you from enjoying what you like to do or keep you going back to the hospital? Perhaps you have so many health problems that you feel overwhelmed.

You don't have to live that way.

The healthcare professionals at Beebe CAREs would like to help you feel better and enjoy life again. They can teach you how to take care of yourself and control your health problems. They can help you create your own network of people and services so that you won't feel alone anymore.

"It's all about helping people regain the lives they love," says Megan Williams, FNP, a nurse practitioner and Director of Population Health.

WHAT IS CAREs?

CAREs is an outreach program of the Beebe Healthcare Population Health Department. After you are referred to the program, one of our CAREs professionals will make an appointment to visit you in your home and talk to you about your health problems. Then, working together, a plan will be figured out that will help you feel better.

CAREs nurses and the other medical professionals are very experienced, especially with helping people who have several different health issues. They are highly educated and know about chronic illnesses. They understand how you feel. They also know of the many organizations and people who can support you in your effort to enjoy your life.



WHO BENEFITS FROM CAREs?

- People who have difficulty managing their chronic health problems, such as:
 - Heart failure
 - COPD
 - Diabetes
 - Crohn's disease
- People who have been hospitalized several times over the past year.
- People who know that they would like to enjoy life again, if only they knew how.

WHAT DOES CAREs COST?

You don't have to worry. The extra attention provided by the CAREs team is free of charge. Team members simply ask that you are engaged in the program and willing to work along with them.



Be Cared For