



Lewes, Delaware • beebehealthcare.org

Orthopaedic Continuum of Care Services

Physical Rehabilitation Services

Beebe Healthcare offers a comprehensive Physical Rehabilitation Services program with locations throughout southern Delaware. Teams of professionals guide patients—through personalized, one-on-one care—in achieving their functional potential so they can enjoy their optimum quality of life. Beebe's Physical Rehabilitation Services Department is comprised of:

PHYSICAL THERAPY helps post-surgical patients and those who have suffered trauma or injury to heal inflammation and restore strength, range of motion, and mobility in cases of:

- Joint replacements or pain
- Multiple sclerosis
- Sports injury
- Parkinson's disease
- Arthritis
- Auto accidents
- Heart failure
- Lymphedema
- Stroke
- Cancer

Therapists also are trained and certified in the "LSVT BIG" protocol to assist in the treatment of patients with Parkinson's disease. Beebe's location in Georgetown hosts "A Matter of Balance," a community program to help patients improve their balance to avoid falls.

OCCUPATIONAL THERAPY is a task-oriented therapy that helps to restore the ability to perform the functions necessary for daily living, including personal self-care and homemaking, as well as work and leisure activities. Treatment is focused on rehabilitation of the problem and prevention of further injury or deformity. Services include:

- Therapy for neurological disorders (stroke, traumatic brain injury, Parkinson's disease, multiple sclerosis, spinal cord injury)
- Therapeutic approach for upper extremity orthopaedic and nerve impairments
- Hand therapy for traumatic and post-traumatic injuries as well as surgical repairs
- Treatment for lymphedema
- Ergonomic assessment and treatment
- Splinting programs for joint protection, recovery from injury, increased motor function
- Functional cognitive treatment
- Driving program in conjunction with Moss Rehabilitation

SPEECH/LANGUAGE PATHOLOGY therapy helps patients improve speech and swallowing abilities that have been impaired in cases of stroke, illness, injury, and cognitive or memory disturbances. Areas of evaluation and treatment include:

- Aphasia, apraxia, and dysarthria treatment for stroke patients
- Voice treatment for vocal nodules and chronic laryngitis
- Lee Silverman Voice Therapy® for Parkinson's patients
- Cognitive memory treatment
- Swallowing treatment including VitalStim Therapy®

To schedule an appointment with Beebe Physical Rehabilitation Services, call (302) 645-3933. For more information about Beebe Healthcare's Services, go to www.beebehealthcare.org.



Physical Rehabilitation Services Locations

To schedule an appointment, call (302) 645-3933.

MAIN CAMPUS, LEWES

424 Savannah Road, Lewes

Phone (302) 645-3235

Mon.–Fri., 8:00 a.m. to 4:30 p.m.

• Physical Therapy • Modified Barium Swallow

GEORGETOWN

21635 Biden Ave., Georgetown

(Rt. 404/18, just west of Rt. 113)

Phone (302) 856-9729

Mon., Wed., Fri., 8:00 a.m. to 4:30 p.m.

Tues., Thurs., 8:00 a.m. to 6:45 p.m.

• Physical Therapy • Occupational Therapy
• Speech/Language Pathology
• Beebe HealthyBack • Beebe Wellness

MILLVILLE

32550 Doc's Place, Unit 1

(Creekside Plaza, Route 26), Millville

Phone (302) 539-6404

Mon., Wed., Fri., 8:00 a.m. to 4:30 p.m.

Tues., Thurs., 8:00 a.m. to 6:45 p.m.

• Physical Therapy • Occupational Therapy
• Speech/Language Pathology

REHOBOTH BEACH

Bookhammer Outpatient Center—

Beebe Health Campus

18941 John J. Williams Highway (Rt. 24)

Rehoboth Beach

Phone (302) 645-3010, option 4

Mon. & Wed., 7:00 a.m. to 7:00 p.m.

Tues., Thurs., Fri., 7:00 a.m. to 4:30 p.m.

• Physical Therapy • Occupational Therapy
• Speech/Language Pathology
• Lymphedema Management

Beebe Physical Rehabilitation Services also offers Beebe Wellness, a program that includes fitness coaching and classes, and Beebe HealthyBack, a program offering non-surgical treatment for back and neck pain. For more information, call (302) 856-9729.



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Home Care Services

Beebe Healthcare Home Care Services is accredited by the Joint Commission and has served Sussex County since 1985. The Home Care Services Team includes a group of dedicated nurse practitioners, registered nurses, physical rehabilitation professionals, medical social workers, and certified home health aides who travel throughout Sussex County to work with patients, developing and managing treatment plans under the direction of a physician.

Beebe Home Care Services provides a multidisciplinary approach to patient care. A registered nurse or therapist provides the initial assessment and then coordinates care that includes:

- **Nurse Practitioner**
 - > Post acute management of chronic disease
- **Skilled Nursing**
 - > One-on-one specialized care for those who have a skilled need such as catheter care, dressing changes, infusion therapy, medication management, wound care, diabetes education, chronic disease management, education, and tube feedings
- **Physical Therapy**
 - > Comprehensive physical therapy evaluation and treatment to improve strength, mobility, balance, coordination, gait training, and prosthetic and orthotic care. A home safety evaluation will be included and durable medical equipment needs are addressed.
- **Occupational Therapy**
 - > An extensive program of mobility and functional training combined with educating patients how to safely complete activities of daily living using specialized adaptive equipment
- **Speech/Language Pathology**
 - > Programs include helping those with stroke and other neurological disorders to regain speech and memory to improve cognitive function, and evaluation and treatment for swallowing difficulty
- **Medical Social Work**
 - > Counseling and education that focuses on issues that interfere with receiving medical treatment
- **Home Health Assistance**
 - > Personal care assistance such as bathing, dressing, and home exercise
- **Telehealth**
 - > For remote monitoring of vital signs and weight on a daily and as needed basis to improve management and education of chronic diseases and to reduce the likelihood of hospitalization

WHO PAYS?

Medicare, Medicaid, and most insurance companies pay for home care services. Beebe's professional administrative staff researches and verifies insurance coverage, obtains authorizations, and bills insurance providers so that patients can concentrate on their recovery.

Additional Information

For more information, please contact Home Care Services at (302) 934-5830.

Hours of Service

Monday–Friday
7:30 a.m.–4:00 p.m.
On-call professionals are also available after hours.

Beebe Home Care Services received the Award of Excellence from HomeCare Elite.

