

Beebe Healthcare offers a comprehensive Spine Care program that provides evaluation and treatment for a broad spectrum of conditions and disorders of the back and neck. The Spine Care Team is experienced in physical rehabilitation and patient education, diagnostic procedures, interventional pain management, minimally invasive treatments, surgery, and post-surgical care. Two Board Certified, Fellowship Trained spine surgeons use the latest technologies in Beebe's state-of-the-art operating rooms to perform minimally invasive procedures, traditional operations, and complex surgical procedures. Individualized treatment plans focused on best practices and excellence in care are developed to help patients return to their normal, active lives.

NON-INVASIVE AND MINIMALLY INVASIVE TREATMENTS

- Physical Therapy and Occupational Therapy through Beebe Rehabilitation Services
 - > Beebe Rehabilitation Services provides physical therapy and occupational therapy at its outpatient centers in Rehoboth Beach, Georgetown, and Millville
 - > Physical Therapy often is begun soon after surgery in the hospital as part of a post-surgical treatment plan
- Beebe HealthyBack, a non-surgical program for those with back and neck pain
- Injections provided by Beebe orthopaedic surgeons at their offices, at the Medical Center in Lewes, or by an anesthesiologist at the Beebe Outpatient Surgery Center in Rehoboth Beach
 - > Epidural steroid
 - > Facet
 - > Trigger point

SURGERY PERFORMED IN BEEBE'S STATE-OF-THE-ART OPERATING ROOMS

Surgery is necessary in 10 to 15 percent of cases of back and neck pain. Surgical procedures performed at Beebe include the following:

- Minimally invasive spine surgery
- Spinal cord stimulators
- Microdiscectomy
- Laminectomy
- Lumbar decompression
- Spinal fusion
- Spinal decompression
- Anterior cervical disc replacements
- Complex reconstructive spine surgery

For more information, call the Beebe Orthopaedic Services Nurse Navigator TOLL-FREE at (844) 316-3332.



Joint Commission has awarded Beebe Healthcare with a Certification for Beebe's spine surgery program.



Beebe Healthcare received a 5-star rating from Healthgrades® for Spinal Fusion Surgery for 9 Years in a Row (2010–2018).

Beebe Spine Surgeon

AFOLABI, MD, ABIMBOLA

Board Eligible and Fellowship Trained in Orthopaedic Surgery



Abimbola Afolabi, MD, is Board Eligible and Fellowship Trained in Orthopaedic Surgery. She received her medical degree from Rutgers–New Jersey Medical School and completed her residency at University of Maryland/Adams Cowley Shock Trauma Center in Baltimore. Dr. Afolabi completed Fellowship training as a Spine & Scoliosis Fellow at the Hospital for Special Surgery/Weil Cornell Medical College/New York–Presbyterian Hospital in Manhattan under the Chairmanship of Todd Albert, MD, former President of The Cervical Spine Research Society and President of the Scoliosis Research Society. She joined Beebe in 2018 and is with Orthopaedic Associates of Southern Delaware. She specializes in non-operative management as well as surgical treatment of different spinal disorders, including degenerative disc herniation, degenerative disc disease, stenosis, deformity, scoliosis, fractures, and tumors of the cervical, thoracic, and lumbar spine.

Orthopaedic Associates of Southern Delaware, P.A.

17005 Old Orchard Road • Lewes, DE 19958

Phone: (302) 644-3311 • Fax: (302) 644-3300

26744 John J. Williams Highway, Suite 4 • Millsboro, DE 19966

Phone: (302) 231-1152 • Fax: (302) 945-3077

PFUFF, MD, L. WILLIAM

Board Certified in Orthopaedic Surgery; Fellowship Trained in Spinal Reconstructive Surgery



L. William Pfuff, MD, is Board Certified in Orthopaedic Surgery and Fellowship Trained in Spinal Reconstructive Surgery. He received his medical degree from Jefferson Medical College in Philadelphia and did his Fellowship training at the University of Pennsylvania. He joined the Orthopaedic Team at Beebe in 2010 and opened Lewes Spine Center in 2017. He specializes in spinal reconstructive surgery of the cervical, thoracic, and lumbar.

Lewes Spine Center

18947 John J. Williams Hwy., Suite 311

Rehoboth Beach, DE 19971

Phone: (302) 231-4333 • Fax: (302) 231-4414

SABBAGH, MD, RONALD

Board Certified in Orthopaedic Surgery; Fellowship Trained in Spinal Reconstructive Surgery



Ronald Sabbagh, MD, is Board Certified in Orthopaedic Surgery. He received his medical degree from Georgetown University and completed his residency in Orthopaedic Surgery at Union Memorial and Johns Hopkins Hospitals in Baltimore. He is Fellowship Trained in Spinal Reconstructive Surgery. He joined the Orthopaedic Team at Beebe in 2002 and has served as the Chief of Surgery since 2010. He specializes in neck and back surgery, nerve decompression, and cervical and lumbar fusion at Orthopaedic Associates of Southern Delaware.

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